



# Growth Groups

14/15 September. Ephesians 1:7-14

1. What struck, challenged, or encouraged you in the teaching from God's word on Sunday?
2. What is redemption? What have we been redeemed from (see 2:1-3), and how has this been achieved?
3. How should the picture of God lavishing his grace on us change the way we think about God's attitude to us?
4. What is God's big plan (v9-10), and how is the church the beginning of this (v11-13)?
5. In what way is the Holy Spirit a "seal" and a "deposit"?
6. [For prayer time:] Paul twice says that all this is "to the praise of his glory" - try writing a prayer of praise to God for the truths in this passage, and then share it with the group.

